



Brabant-Zuidoost

Home visit by youth healthcare when pregnant



Taking care of you and your baby.

Concerns during pregnancy?

Being pregnant is a unique experience. You can ask the midwife or gynecologist questions about your pregnancy. Sometimes you have other questions. Maybe you have concerns about money, about raising your child or about your relationship with your partner or family.

It helps to discuss these questions or concerns while you are still pregnant, so that you can timely get the help that you need. Preferably by talking to someone who listens and helps make you feel better. The baby feels that too.

In the Netherlands, we want the best for all children. Starting in the pregnancy. The midwife and maternity nurse check up on you. If they can't help you, the youth healthcare nurse from the youth healthcare center often can. You can apply for a free home visit by a youth healthcare nurse.

The care provided by the midwife or gynecologist and maternity care will continue.



How does the home visit during pregnancy work?



Home visit

The youth healthcare nurse visits you at your home but you can also meet elsewhere.

Home is often preferable, you don't have to travel and are in your own environment. Would you prefer to meet elsewhere? Let the youth healthcare nurse know. You can ask your partner, your mother or someone else you trust to join you at the appointment.



Consultation

The youth healthcare nurse asks how you and your family are doing. You are able to share your questions and concerns. The nurse listens to you, asks questions and advises you accordingly.



Plan

Often times the consultation allows you to address your issues yourself. The youth healthcare nurse shares how she can be contacted if you need further assistance.



Sometimes you need more

Together with the youth healthcare nurse you can develop a plan to help you further. This plan is being documented. If you need additional help, the youth healthcare nurse can advise you or arrange the help you are looking for. Key is to find solutions that suit you and your personal situation.



The follow-up

The youth nurse will make a follow-up appointment with you in order to check how you and your family are doing and if the plan worked.

How to register?

If you would like a home visit, please register by using the QR-code. Do you feel more comfortable registering together with your midwife or someone else? Please feel free to ask them. The youth healthcare nurse will contact you to make an appointment. The home visit is free.



In collaboration with:

Geboortezorg



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